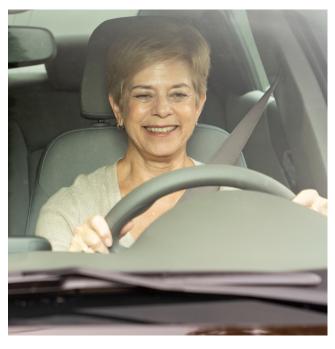


## Safe Mobility for Older Adults

Clearinghouse for Older Road User Safety



## What changes can I make to be safer on the roads?

Ensure you are properly fitted in your vehicle for safeety and comfort.

Choose your driving times such as day time, low driving volume, geographic area, familiar routes, etc.

Consider a refresher driver safety training class.

Identify accomodations to adapt your vehicle to your changing capabilities.

Begin learning how to use alternative transportation options including public transportation, rideshares, carpooling, and other services available in your community.

As we age, changes may impact our ability to drive safely. ChORUS resources can help you be a safer driver and plan for the road ahead.

- Use My State Info to find the information you need to know about license renewal requirements, services and supports in your state.
- Plan ahead with the <u>ChORUS Older Driver Transportation Planning Tool.</u> This tool guides you through the steps of developing your transportation plan. Starting early allows you to map out your needs, identify and explore alternative transportation options in your area. Ensuring that you can achieve safe mobility while living a full and active life whether you are driving or not.



Scan me to view resources

 The <u>ChORUS Transportation Budgeting Tool</u> helps you plan for future transportation by comparing current monthly transportation costs with estimated monthly alternate transportation costs if you were to give up your car.

## RoadSafeSeniors.org

- A <u>Driver Rehabilitation Specialist</u> can help assess your driving capabilities and recommend adaptations to your car or driving habits to maximize safety.
- <u>Carfit</u> is an educational program that offers older adults the opportunity to check how well their personal vehicles "fit" them.
- Rides in Sight provides a national database to search for transportation options available to older adults anywhere in the U.S.

## RoadSafeSeniors.org